

Rainbow Noodle

A close-up photograph of a person's hand reaching into a large pile of uncooked spaghetti noodles. The noodles are arranged in a vibrant rainbow gradient, with purple at the bottom, followed by blue, green, yellow, orange, and red at the top. The hand is positioned in the center, with fingers slightly spread, touching the blue and green sections. The background is filled with the colorful noodles, creating a textured and visually stimulating scene.

Sensory Play

Rainbow Noodles

Ingredients & Items

- Pasta of choice
- Food coloring
- Zip top bags
- Bowl or bin

Directions:

Prepare pasta as directed, rinse in cold water. Divide pasta into zip top bags (one bag per color), add food coloring to preference, a little water, and seal. Let little learners help mix in the colors by squishing the bags. Once noodles are evenly coated, let sit 10-15 minutes. Rinse each color individually with cold water in colander to remove excess dye. Place noodles in bowl or bin and let the fun begin!