
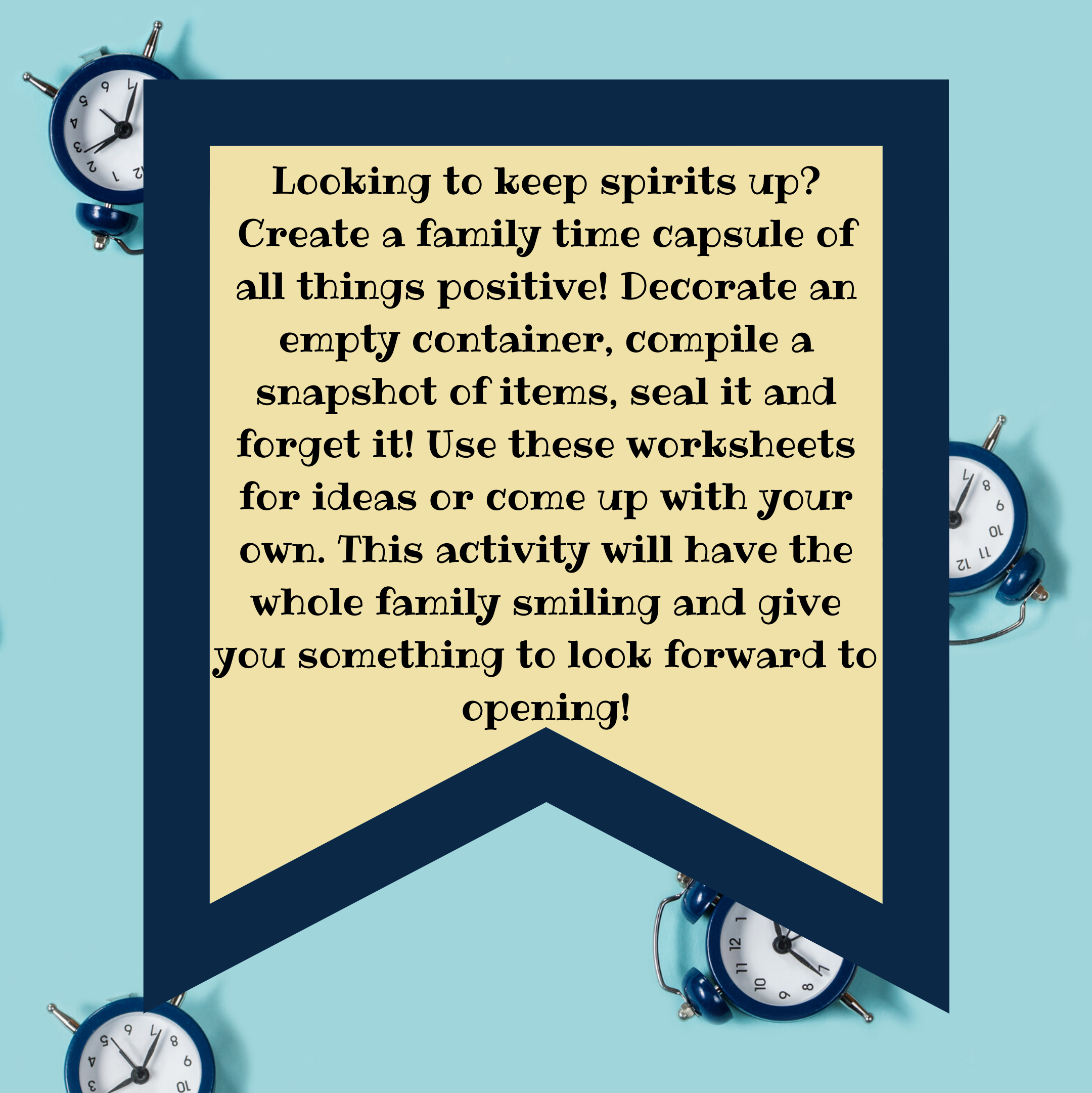


GOT TIME?

**Create a
family time
capsule!**





**Looking to keep spirits up?
Create a family time capsule of
all things positive! Decorate an
empty container, compile a
snapshot of items, seal it and
forget it! Use these worksheets
for ideas or come up with your
own. This activity will have the
whole family smiling and give
you something to look forward to
opening!**